

PCRMC Corporate Membership with Vessell's Fitness:

WWW.VESSELLS.COM

We are family owned and will treat you like one of the family!

MEMBERSHIP INCLUDES:

- Cardio Center with Cardio Theater
- Large Weight Room including machines and free weights.
- 4 racquetball courts including loaner equipment.
- FREE group exercise classes
- FREE fitness trainers.

OTHER SERVICES:

- Childcare provided Monday-Friday 9-12
- 2 Tanning Beds
- Massage Therapy
- Tae Kwon Do
- Personal Trainer
- Yoga by Dr. Alan Singer
- Aquacize through Baymont's pool
- Locker Rooms with private showers
- Towel Service

CLUB HOURS:

- Monday – Thursday 5:30 am – 9:00 pm
- Friday: 5:30 am – 8:00 pm
- Saturday: 8:00 am – 3:00 pm
- Sunday: 1:00 pm – 6:00 pm

PCRMC DISCOUNT:

- No Joining Fee
- No Contract
- Registration at Vessell's Fitness

BI-WEEKLY PRICING:

- \$15.00 for INDIVIDUAL
- \$20.00 for COUPLE (husband/wife, 2 dependents of the same household, parent + child)
- \$25.00 for FAMILY (husband/wife + unmarried dependents under 21 years old).

